

Sermon Supplement from May 12

A Mother's Day Poem | Proverbs 31:10-31

Reflect/Discuss

- How does this poem fit into the rest of the book of Proverbs?
- Why is there a tendency to see this poem as a guilt-laden checklist for women to live up to?
- How does what we discussed in the sermon change your perspective on the message of Proverbs 31?
- Verses 10-12 – What did you learn about the CHARACTER of an excellent woman?
- Verses 13-27 – What did you learn about the CONDUCT of an excellent woman?
- Verses 28-31 – What did you learn about the COMMENDATION of an excellent woman?
- What have you learned in this study that challenges the way you think?
- Are there things that need to change or grow regarding your conduct?
- What are one or two action steps you are committing to take?
- Is there anything in this passage that might apply to a man?

Helpful Articles:

- <https://reformedperspective.ca/whos-afraid-of-proverbs-31/>
- <https://www.desiringgod.org/articles/who-can-find-her>
- <https://avirtuouswoman.org/10-virtues-of-the-proverbs-31-woman/>
- <https://www.desiringgod.org/articles/the-proverbs-31-warfare>