

Sermon Supplement from August 13

Praise Changes Perspective | Psalm 22

Warm Up: Talk about a time you felt alone, abandoned, or forgotten by others or by God.

Dig In

Read Psalm 22:1-18 – The Downward Spiral of Doubt and Despair

- How does it make you feel to know that even King David had these emotions and questions?
- What does the back and forth between positive and negative in these verses teach you about the struggle between faith and doubt?
- What steps can I take to remain faithful when my theology and my experience collide?

Read Psalm 22:19-21 – The Pivot

- Why is it important to know that crying out to God in pain and in trust are not incompatible?

Read Psalm 22:22-31 – Praise Changes Perspective?

- In these verses, how does praise change David's perspective?
- What role does the community of faith play?
- Why is it important to remember that my present reality is part of His bigger story? (vv. 29-31)

Wrap Up

- What do you feel is the importance of Jesus uttering these words while He was on the cross? How does His experience on the cross bring full light to the message of this Psalm?
- What are your thoughts about reading this Psalm and then reading Psalm 23? How does this help your understanding of God?
- In what specific ways will praise change your perspective this week?