

# Sermon Supplement from August 20

## Facing Down Your Fears | Psalm 27

**Warm Up:** What are some of your fears (funny and serious)?

### **Dig In**

#### Read Psalm 27:1-6 – Declare What You Know

- What do you KNOW about God from these verses?
- How does this help you face down your fears?

#### Read Psalm 27:7-12 – Express What You Need

- What do these verses teach about what you need?
- How does this help you face down your fears?

#### Read Psalm 27:13-14 – Fight Fear With Faith

- What do these verses teach you about faith?
- What is the difference between patience and passivity?
- How does this help you face down your fears?

Scriptures on Fear: Read these verses and talk about how they apply.

Deuteronomy 31:6; Joshua 1:9; Psalm 46:1-3; Isaiah 41:10; Luke 14:27; Hebrews 13:5-6; Philippians 4:6-7; 2 Timothy 1:7

**Wrap Up:** What is something you will think or do differently to apply this study?

#### *Further Reading:*

- *Running Scared* by Edward T. Welch - A great book on biblically overcoming fear.
- *When I Am Afraid* by Edward T. Welch – A short, devotional study that will help you identify and face fears in a biblical way.