

How to H.E.A.R. a sermon

Highlight

As you listen to the sermon, using a journal, note sheet, smartphone app, or old napkin, jot down key verses, statements, or outline points that connect with you.

Engage

At some point after the sermon sit down with your Bible and your highlights for review. Spend time restating, personalizing and further developing the things you highlighted.

Apply

Write down some specific ways that the truths you heard in the sermon connect with your life. What is God teaching you? How would your life be different if you practiced what was just preached? *How does God want me to THINK, FEEL, and/or ACT differently as a result of what I just learned?*

Respond

Share with someone else how you are learning and growing.

Adapted from Foundations by Robbie Gallaty